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### **Cattuti Completes Italian-American Trilogy Based on a True Story**

Carmela Cattuti's newest novel completes the family saga based on her great aunt's life. Angela Lanza's story began in "Between the Cracks" when she loses her entire family in the earthquake on Sicily following the 1908 eruption of Mt. Etna and continued in "The Ascent" as she adjusts to life in the United States as a new bride and Italian American immigrant. Now, the final installment in the trilogy, "The Benevolence of New Ideas," thrusts Angela and her family into the heart of the Vietnam War and the turbulent times of the 1970s.

As the family matriarch, Angela guides her niece, Marie, through these challenges and the era's limiting structures of education and organized religion, helping Marie to embrace new ideas and expand her intuition and relationship with the unseen world. Angela's compassion and wisdom has an exceptional impact on Marie's life and those around her. This is a fulfilling ending that celebrates Angela's wisdom in all things along with her well-lived life from tragedy to triumph and from heartbreak to the enduring love of family.

Author Carmela Cattuti was initially compelled to write her great aunt's story and began it as a journaling project for a class she was teaching at the Cambridge Center for Adult Education. "When I began, I never anticipated writing three books, but the story evolved, and I needed the space to properly honor my great aunt's life. She was an amazing woman and I'm proud to share her story," says Cattuti. "This book really dives deep into Angela's connection to the spiritual world more than the first two books."

The novel is already earning early praise. "This family saga celebrates Angela's life in a wonderful way! The author has taken us on a journey not only through time, but also into the unseen world in this last installment of her life story," says award-winning author Valerie Biel. "The trilogy concludes with the gift of recognizing that nothing is fixed in time," says Judith Gwinn Adrian, Ph.D., adding, "The fabric of history entwines and thrives within each person, through relationships. Angela recognizes the unseen friends, who guided her from childhood trauma to secure family, ultimately dwell within her, are her."

Cattuti's previous novels in this series have been called "articulate, engaging, and thought provoking." Other reviews have said that her books, "perfect examples of historical fiction," and "beautifully written with deep, rich characters."

Cattuti started her writing career as a writer for the Somerville News in Boston, MA. She is a writer, painter, and yoga instructor in Boston. After she finished her graduate work in English Literature at Boston College, she began to write creatively and teach writing courses.

"The Benevolence of New Ideas" (along with the other two titles in the series) are available at all major retailers in paperback and on Kindle for ebook. To learn more about Carmela Cattuti, please visit her website at [www.cattuticreative.com](http://www.cattuticreative.com).